SupplySide[®] Fresh **Supplements**

- 30 education sessions
- 30+ industry experts
- 13 insight documents 14 networking events



SupplySide Fresh Food & Beverage program overview

Module 1: Welcome



Welcome session Sonja Thompson Community content manager **SupplySide**

SupplySide Fresh Supplements overview – PDF

Module 2: Industry resources



Trade shows and conferences: **Differentiating their** value propositions **Jon Benninger** VP and market leader SupplySide

Trade shows and conferences

in the supplement

industry: Directory - PDF



Trade media: How to keep current in the industry Sandy Almendarez **VP** content **SupplySide**



Jon Benninger VP and market leader SupplySide



Karin VanSlyke Strategic partnerships manager SupplySide



Trade associations and charitable organizations in the supplement industry: Directory - PDF

Module 2: Industry resources



Working with mentors and sponsors Katrina Tolentino Executive director Naturally Network



Animal supplements: Information for newcomers Bill Bookout President National Animal Supplement Council

Where to find mentors and sponsors in the supplement industry – PDF



Colors and flavors in the supplement industry David Sandler COO Safety Shot



Lifelong learning and professional development Gena Kadar DC, MS.MEdL, CNS Founding dean, College of Nutrition & School of Mental Health, Sonoran University of Health Sciences

Supplement industry acronyms and initialisms – PDF Certifications in the supplement industry – PDF

Module 3: Running a business



Supply chain processes and considerations Brandon Hernandez Senior partner Whole Brain Consulting



Marketing: Tips and best practices Todd Pauli Managing director 24 Stories

Amazon and e-commerce in the natural products industry



Haley Palmer Brand strategist MarketPlace Branding



Nicole Hill Executive director, strategy MarketPlace Branding



SEO primer for business Jane Phelps CEO and founder Know Agency



Insurance and risk management: Who, what, when and why Chris Morey Senior VP IMA Financial Group, Inc.



Business management: Overview of functions and activities Eric Schnell Founder BeyondBrands



Accelerator programs: How to boost your startup Jon Benninger VP and market leader SupplySide

Module 3: Running a business

Important partnerships: Regulatory and contract manufacturers



Jon Benninger VP and market leader SupplySide



Sonja Thompson Community content manager SupplySide



The big debate: Co-man or no co-man Scott Miller Staff writer, Food & Beverage Journal SupplySide

Self-manufacture or hire a contract manufacturer? A quick pro/con comparison - PDF

Module 4: Due diligence



Identifying adulteration risks in the supplement industry Elan Sudberg CEO Alkemist Labs



How to ensure supplement quality Blake Ebersole President and founder NaturPro Scientific LLC

Identifying adulteration risks: Checklist – PDF

How to choose a testing lab – PDF



Clinical trials for supplements: Insights and gaps Doug Kalman, Ph.D., RD Nova Southeastern University Substantiation Sciences, Inc.

Types of research for supplements – PDF Market research sources for supplements – PDF

Module 5: Legal and regulatory



FDA, USDA, FTC and other considerations Justin Prochnow Shareholder Greenberg Traurig LLP



Labeling and claims Larisa Pavlick President Regulatory program manager MarketReady Insights



GRAS vs. NDI Katrina Emmel President KemmelCal Inc.



Good manufacturing practices (GMPs) Marc Ullman, Esq. Of counsel Rivkin Radler LLP



Dietary Supplement Health and Education Act of 1994: An industry is legitimized – video

Module 6: Looking ahead

Trends and white space opportunities



Bill Giebler Content and insights director Nutrition Business Journal



Erika Craft Market research analyst Nutrition Business Journal

Sustainability in the supplement industry



Blake Ebersole President and founder NaturPro Scientific LLC



Trish Flaster Executive director Botanical Liaisons LLC Co-founder Ethical Sourcing Review



Key political figures in the supplement industry Kyle Turk Director of government affairs Natural Products Association (NPA)

Key political figures in the supplement industry - PDF



Technology in the supplement industry Akash Shah Co-founder and CEO, IngredientAI Co-founder and CTO, Care/of



Past, present and future: Consumer use of supplements in the U.S. – video

Module 7: Networking events (virtual)

Who's who? SupplySide Rockstars

Meet three different SupplySide Rockstars of the food and beverage industry.

SupplySide Rockstars of the supplement industry - PDF

Network with SupplySide Fresh peers

Meet other new professionals from the dietary supplement and food and beverage industries.

Meet the researcher

Meet professional researchers who are excited to share about current projects.

Module 7: Networking events (in person)

Network with SupplySide Fresh peers: IRL



SupplySide® Connect New Jersey

April 8-9, 2025 Secaucus, NJ





Oct. 27-30, 2025 Las Vegas, NV

Module 8: Reflection and recognition

- Feedback about the course
- Session and industry expert evaluation
- Certificate of completion